**

Laser Hair Removal

After Care

In most cases, the only issue that patients will experience is some slight reddening of the lasered skin, which returns to normal by the time they get home from the clinic.

When patients do have a reaction, these are generally of a short-term transitory nature. Especially with skins which are naturally darker, or suntanned, there may be changes in the pigmentation, although again the majority of these resolve on their own within a few days or weeks.

IMMEDIATELY FOLLOWING YOUR LASER TREATMENT

The skin may be red and feel warm, a little like a mild sunburn. There may be evidence of follicular oedema (a nettle rash appearance) at the lasered site and some minor swelling. All of this is a perfectly normal reaction following laser treatment which has no active tan.

The area being treated must not be exposed to the sun. Please use a broad-spectrum sunscreen (UVA/UVB) of SPF 30 or higher. Exposing the lasered area to sun or tanning machines without adequate sunscreen may result in blistering and complications.

POST TREATMENTS PRECAUTIONS

* Pat the area dry gently when washing.
* Do not rub, scratch or pick at the treated area as you could cause an infection.
* Makeup can be applied however remove it gently to avoid irritating the area.
* Pimples or spots may develop in the few days after treatment. If this occurs, it is only temporary whilst the body gets rid of the carbonized hairs. However, the area must be kept clean and again not picked at.
* If swelling occurs to the extent of being uncomfortable, you can have a cool shower or keep the area cool with ice wrapped in a towel.
* In the unlikely event of blistering. PLEASE DO NOT SHAVE the area and contact us in case we need to see you.

Sun exposure and tanning decrease the effectiveness of the laser treatment and increase the chance of post treatment complications, such as blistering, hypopigmentation.

