Thread Vein / Vascular Lesion / Venous Lake / Rosacea

After Care

* Apply ALOE VERA GEL to the area to prevent drying and crusting. Aloe Vera Gel applied following the laser treatment can have a soothing affect.
* Avoid hot baths/whirlpools for one week following treatment.
* If a crust develops, allow it to fall of naturally. DO NOT scratch or pick.
* Do NOT shave for 1 to 3 days if blistering or crusting occurs.
* Avoid exposure to the sun. Apply sunscreen with a SPF 30 or greater to the area whenever exposure to the sun is unavoidable.
* Avoid exercises that can cause vasodilatation (the dilatation of blood vessels, which decreases blood pressure) for one-week post-treatment. Walking is encouraged.
* If makeup is allowed, apply and remove it delicately. Excess rubbing can open the area and increase the chance of scarring.
* Discomfort such as swelling or redness (lasting from a few hours to a couple of days) can be relieved with icepacks.
* Please contact the clinic immediately if the treated area becomes tender and shows any signs of infection. Follow up treatments are scheduled at least 3-4-week intervals.

